

DID YOU KNOW...

that antidepressants (SSRI's) may delay breast milk in new moms?



A recent report in February's edition of the *Journal of Clinical Endocrinology & Metabolism* has found that the use of selective serotonin reuptake inhibitors during late pregnancy can actually affect breast milk production.

Robert Collier, a lactation biologist at the University of Arizona in Tucson, who was not involved in this new work says that "there's no question" that this finding should lead to further study of SSRI use and the role serotonin plays in inhibiting breast milk production.

Nelson Horseman, an endocrinologist at the University of Cincinnati College of Medicine says, "There is an intramammary serotonin signaling system" that operates apart from the compound's role in the brain. "Serotonin interprets signals that a breast is full and shuts off milk synthesis and secretion."